

Information and suggestions from AHA! Connection Friends	More info from AHA! Connection friends	Audra's comments
Accommodations:		
Shelley Woelfel Sweetgrass Vacation Rentals 1018 Mount McKiney Drive Summerville, SC 29483 843-768-1500 www.sweetgrassrentals.com		We rented very last minute through this company. We enjoyed our place very much but there are advantages to renting through Kiawah Realty instead. For instance: access to resort pools, and discounts on resort activities.
CHARLESTON is Nearby and these are things recommended to do:		
Charleston	http://www.resortquestseabrook.com/charleston.htm	
Hominy Grill (Charleston)		
Jestine's Kitchen (Charleston)		
Rachel Ray's \$40/day in Charleston	http://www.foodnetwork.com/40-a-day/charleston-sc/index.html	
RiverDogs minor league baseball in Charleston	http://web.minorleaguebaseball.com/index.jsp?sid=t233	
Warship in Charleston		
FOOD		
Bohicket Marina	http://www.bohicket.com/bohicket-marina-dining-up-da-creek.php	
Fresh shrimp in Rockville	http://www.sciway.net/city/rockville-sc.html	
Heges		
Jasmine Porch-must go there it is in the Sanctuary Hotel (amazing place to dress up and have a cocktail-great place to take family photos-see link)	http://www.kiawahresort.com/accommodations/the-sanctuary/	We ended up choosing to go to the Atlantic Room which is at the clubhouse of the Ocean Course at Kiawah for our expensive night out. The experience, food, and views were wonderful but it was way more expensive than it should have been!
Java Java	Coffee Shoppe	
King Street Grille	good variety for everyone	
LA TELA Pizzeria-A fantastic Italian place		
Newton Farms grocery store at Freshfields Village	their fresh pizzas were delicious and easy to prepare; I think they had fresh seafood too.	Great grocery store. Everything you need! We bought our fresh shrimp here.
Red Sky Grill		We discovered that this restaurant may have closed down?
Reds Ice House		Looked like a good casual restaurant and we almost went there.
Rosebank Farms Cafe	buttermilk pie and meatloaf, fried herb tomatoes,	Had a great meal here. The oatmeal chocolate brownie was to DIE FOR!
Rosebank Farms Farmers Market		Located just before the entrance to Kiawah on the right. Great fresh veggies, fresh eggs, fabulous key lime pie and shrimp dip etc. The chickens and roosters are running all around while you shop and there is a petting zoo out back. We went three times!
Sanctuary Hotel	upscale good food and spa	We walked around here and thought it was gorgeous.
SHRIMPERS restaurant at Kiawah	EXPENSIVE AND NOT VERY GOOD	We avoided it as recommended!
The Fat Hen	Locals adore it. On Maybanks highway. Reservations needed.	Our favorite restaurant of all! No doubt about it you must go here!
Towne Center	great take out pizza or dine in sandwiches	
VINCENT'S Drug Store and Soda Fountain-	burgers and milkshakes; great for breakfast/lunch	The kids loved this place. We ate lunch here one day and breakfast another. It's a real pharmacy too and I wish I had known because we drove 30 minutes away to get a swimmer's ear prescription at CVS.

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Things to do:		
Angel Tree	John's Island (must see)	Humongous live oak tree. Free to see and very cool!
Beach chair and umbrella rentals		Nobody told me beforehand but you can certainly rent umbrellas and chairs for the week. It's rather expensive but can be worth it. The difference in the beach between low and high tide is HUGE so you can't leave your chairs out overnight. The umbrella guy (mine happened to be from Alpharetta) gets up early and sets everything up for you!
Bike & Beach Rentals:	Island Bike & Surf - 843-768-1158, Carolina Bike & Beach - 843-747-2453	We took our own bikes and rode everywhere! We LOVED the flat roads and shaded trails. Plus the beach is flat at low tide and you can ride on the beach!
Boat & Kayak Tours:	Paddlefish - 843-330-9777	We took a kayak tour guided by the Kiawah Resort folks. It was very expensive and we paddled upstream against the tide and the wind. I'd suggest that you ask about the tides ahead of time before embarking on a kayak tour. It was especially hard for the kids to kayak upstream and against the wind. Perhaps there is an option to paddle downstream with the tide and have someone come and pick you up! We didn't find this option though!
Boating and Fishing	http://www.resortquestseabrook.com/SeabrookIsland-BohicketMarina-BoatRentals.htm	We thought the fishing was very expensive and the trip wasn't nearly as productive as we would have liked. Our captain wasn't kid friendly. My family much prefers our fabulous "Captain Pete" at St. George Island!
Freshfields Village	Located at traffic roundabout entrance to sister islands of Seabrook and Kiawah	Wonderfully developed shopping center. Lots of nice shops.
Large park with concerts		Kiawah Resort has something going on <u>daily</u> for families. We missed the concert but went to movie night on the lawn. It was a blast!
Nature Center		We discovered this on our own. Interesting creatures to see. We also learned about the native deer and bobcats that we would see live and in person right on our beach in front of our condo!!
Ocean Encounters		This is one of the activities found in the Kiawah Resort guidebook. If you go to Kiawah you MUST pick up one of these guidebooks because it is full of useful information and activities.